

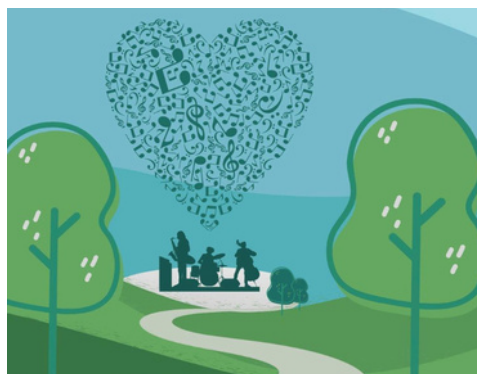


**LADYSMITH RESOURCES CENTRE ASSOCIATION**

*Heart on the Hill*

# NEWSLETTER

**June 2024**



## CONCERTS IN THE PARK

**JULY  
21 + 28**

**AUGUST  
11 + 18**

Concerts in the Park, the LRCA's annual summer concert series at Transfer Beach, is ready to take center stage! The bands are booked and eager to perform at the picturesque amphitheater on select Sundays starting in July. LRCA staff will have booths set up to share about what they do! To find out more or to support the series by becoming a sponsor, please visit:

[lrca.ca/local-events-concerts-in-the-park](https://lrca.ca/local-events-concerts-in-the-park)

## FRUIT RESCUE!

Do you have a tree in need of gleaning? Do you love fruit? We are looking for volunteer fruit pickers and fruit tree owners so we can harvest the abundant local fruit and share it with our food bank and food security programming. For more info or to sign-up, **Contact: Shannon@lrca.ca**

## FOOD BANK

The Food Bank is open for distribution on the following days:

Tues 4:00pm-6:00pm  
Wed 9:30am-11:30am  
Thurs 9:30am-11:30am (by appointment)

Book an appointment at:

<https://calendly.com/ladysmithfoodbank>

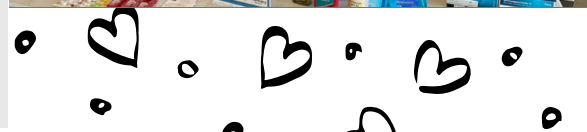
Please arrive 5 mins early and bring your own bags!



## DAY OF SERVICE AT HEART ON THE HILL

We would like to extend our gratitude to everyone who donated time and energy to our Day of Service on Thursday, April 25th. It was a great way to spend an afternoon, connecting with and serving our community. Gratitude and a big hug go out to the following people and/or organizations who made this day possible! The wonderful staff at the LRCA: Wendy Radcliffe (Housing Support), Jennifer Walker (Housing Manager), Lacey Redding & Krystal Desbiens (Family & Youth Support), Shannon Crowards (Outreach for Poverty Reduction), Darren Skoropod (Volunteer extraordinaire), Tony Wyse from Harbour City Barbers Nanaimo - Stylist, Lelya Polishchuck - Stylist. Christine Shaw from FCBY - Foot Care, Tammy Mitchell - Our Healthy Sole - Foot Care, Karina - Foot Care, Ladysmith Whole Health Pharmacy, Save on Foods, and Tim Horton's!

We appreciate all of your support and look forward to the next time!



## ADVENTURES IN STORYTIME RETURNS!

In March of 2020, Adventures in Early Literacy's immensely popular book-themed class had to shut down due to COVID restrictions. As a result, the Storybook Walk at Brown Drive Park was born. It has been an incredibly successful project with many spin offs which include the lit up Holiday Storybook Walk in downtown Ladysmith for the month of December.

But with all of the success of the Storybook Walks, program coordinator Tanya Reid couldn't help but still miss the classes that brought so much joy and value to the community. With funding back in place this year, Tanya and her team are ecstatic to welcome back families after the long hiatus. Once word got out, the first set of classes filled up immediately and it was back to the exciting adventures that have become its hallmark. Watch for the next set coming this fall!

Contact [Tanya@lrca.ca](mailto:Tanya@lrca.ca) for more info.



The following programs will be on hiatus for the summer:

Mother Goose  
Born Healthy  
Dads Saturday Drop-in  
Adventures in Storytime  
Redefine and Shine Youth Art Group

Check the LRCA website or Facebook for the latest updates!

## OUR SHELTER AND UNHOUSED NEEDS FOR SUMMER HEAT AND WEATHER

- Both men & womens clothing, sizes Small-Medium
- Shorts, t-shirts and tank tops
- Underwear
- Tampons (no pads!)
- Flip flops, sandals
- Electrolytes, Gatorade, water cases, protein drinks
- Sunscreen
- Hats
- Always in need of socks

## VOLUNTEER OPPORTUNITIES

The gift of time sounds like a wonderful opportunity for people to contribute to their community! Volunteering can be a rewarding experience, allowing individuals to use their skills and time in meaningful ways. For anyone interested in volunteer opportunities or in joining the LRCA board of directors, please don't hesitate to call 250-245-3079. Your involvement can make a significant difference!

## TEAM SPOTLIGHT



LACEY, MEGAN AND KRYSTAL  
FAMILY & YOUTH SUPPORT SERVICES

Our Family & Youth Support Services program supports clients ages 6-18, and their families, all year long. Programming will continue through the summer months and will help support children, teens and caregivers with the big transition season of back to school in September. This program is accessible on a referral basis. Please email [Lacey@lrca.ca](mailto:Lacey@lrca.ca) or phone the main reception for any questions or inquiries.

We are here to help!

Would you like to share a story about how an LRCA staff member, volunteer, program or service made a positive impact in your life or the life of someone else? We would love to hear from you! Email us at: [info@lrca.ca](mailto:info@lrca.ca)